

Public Health Advisory

Food recall due to Listeria

Date: August 4, 2026

Nunavut-wide

The Department of Health is warning about a food recall issued by the Canadian Food Inspection Agency (CFIA) due to Listeria contamination.

Consumers should not consume the recalled products, including [various Coaticook brand white cheddar cheeses](#), with the full list of products available on [CFIA's website](#).

Food contaminated with *Listeria monocytogenes* may not look or smell spoiled but can still make you sick. Symptoms can include vomiting, nausea, persistent fever, muscle aches, severe headache and neck stiffness.

Pregnant women, the elderly and people with weakened immune systems are particularly at risk. Although infected pregnant women may experience only mild, flu-like symptoms, the infection can lead to premature delivery, infection of the newborn or even stillbirth. In severe cases of illness, people may die. If you think you have become sick from consuming the recalled product, call your local health centre.

For more information, visit the [Canadian Food Inspection Agency website](#) or call 1-800-442-2342. Sign up for food recalls on the [CFIA website](#).

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